



CARE Checklist (2013) of information to include when writing a case report



| Topic | Item | Checklist item description | Reported on Page |
|---------------------------------|------|--|--|
| Title | 1 | The words “case report” should be in the title along with what is of greatest interest in this case | _____ |
| Key Words | 2 | The key elements of this case in 2 to 5 key words | _____ |
| Abstract | 3a | Introduction—What is unique about this case? What does it add to the medical literature? | _____ |
| | 3b | The main symptoms of the patient and the important clinical findings | _____ |
| | 3c | The main diagnoses, therapeutics interventions, and outcomes | _____ |
| | 3d | Conclusion—What are the main “take-away” lessons from this case? | _____ |
| Introduction | 4 | Brief background summary of this case referencing the relevant medical literature | _____ |
| Patient Information | 5a | Demographic information (such as age, gender, ethnicity, occupation) | _____ |
| | 5b | Main symptoms of the patient (his or her chief complaints) | _____ |
| | 5c | Medical, family, and psychosocial history including co-morbidities, and relevant genetic information | _____ |
| | 5d | Relevant past interventions and their outcomes | _____ |
| Clinical Findings | 6 | Describe the relevant physical examination (PE) findings. | _____ |
| Timeline | 7 | Depict important milestones related to your diagnoses and interventions (table or figure) | _____ |
| Diagnostic Assessment | 8a | Diagnostic methods (such as PE, laboratory testing, imaging, questionnaires). | _____ |
| | 8b | Diagnostic challenges (such as financial, language, or cultural) | _____ |
| | 8c | Diagnostic reasoning including other diagnoses considered | _____ |
| | 8d | Prognostic characteristics (such as staging in oncology) where applicable | _____ |
| Therapeutic Intervention | 9a | Types of intervention (such as pharmacologic, surgical, preventive, self-care) | _____ |
| | 9b | Administration of intervention (such as dosage, strength, duration) | _____ |
| | 9c | Changes in intervention (with rationale) | _____ |
| Follow-up and Outcomes | 10a | Clinician- and patient-assessed outcomes | _____ |
| | 10b | Important follow-up test results | _____ |
| | 10c | Intervention adherence and tolerability (How was this assessed?) | _____ |
| | 10d | Adverse and unanticipated events | _____ |
| Discussion | 11a | Discussion of the strengths and limitations in the management of this case | _____ |
| | 11b | Discussion of the relevant medical literature. | _____ |
| | 11c | The rationale for conclusions (including assessment of possible causes) | _____ |
| | 11d | The main “take-away” lessons of this case report | _____ |
| Patient Perspective | 12 | Did the patient share his or her perspective or experience? (Include whenever possible) | _____ |
| Informed Consent | 13 | Did the patient give informed consent? Please provide if requested | Yes <input type="checkbox"/> No <input type="checkbox"/> |