## Being Well Communications



BEING WELL COMMUNICATIONS

### **SEMINARS**

Dr. Verna Hunt, BSc, DC, ND, teaching hands-on seminars.

### **SEMINAR 1: The Belly: What is going on in there?**

People have various kinds of abdominal discomfort and they come to your office seeking relief. External manual palpation can reveal many things, including things not visible on x-ray or MRIs. There is often a lack of functional movement in the connective tissue and fascia and/or lack of movements of the various organs in the abdomen. External manual treatment can correct positioning and assist in function.

#### DATE:

April 21, 2018 · 8:15 a.m. – 5:00 p.m.

#### LOCATION:

Woodside Clinic of Dr. Elizabeth Storjohann, ND 136 Jenkins Rd. (just east of Mill Rd.), Oakland, Ontario, NOE 1R0

**FEES:** 

One person: \$199.00 + HST • Two people: \$300.00 + HST

Eligible participants are licensed practitioners for hands-on therapies:

 $ND \cdot DC \cdot RMT$ 

#### TO REGISTER CONTACT:

verna@beingwellcommunications.com

Space is limited to 15 participants, so register ASAP.

For more information visit: www.beingwellcommunications.com/events

### Being Well Communications (



#### **SEMINAR 1**

#### The Belly: What is going on in there?

People have various kinds of abdominal discomfort and they come to your office seeking relief. External manual palpation can reveal many things, including things not visible on x-ray or MRIs. There is often a lack of functional movement in the connective tissue and fascia and/or lack of movements of the various organs in the abdomen. External manual treatment can correct positioning and assist in function.

The key learning highlights of this manual therapy training seminar are:

- Palpation of organs of all ages, sizes and body types to determine placements of organs, intrinsic motion and the influence of scar tissue in the abdomen
- Determine if the gastrointestinal tract valves are opening and closing correctly
- Ability to externally manually treat:
  - Hiatus hernia
  - Liver and gall bladder placement and function of associated ducts
  - Pyloric valve spasm
  - · Sigmoid flexure jamming of the bowel
  - Ileocecal valve function
  - Uterine and fallopian tube problems
  - Optimizing lymphatic drainage of the abdomen
  - Assisting in moving out pockets of gas
  - Assisting in untwisting digestive tract

### **Being Well Communications**



# SEMINAR 1 REGISTRATION The Belly: What is going on in there?

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136 Jenkins Rd. (just east of Mill Rd.), Oakland, Ontario, NOE 1R0

FEES: One registrant – \$199.00 + HST • Two registrants – \$300.00 + HST

Eligible participants are licensed practitioners for hands-on therapies: ND, DC, RMT

REGISTRANT NAME(S) [1: FOR REGISTRANT #1 & 2: FOR REGISTRANT #2, IF NECESSARY]:	
1:	ND DC RMT OTHER:
2:	ND DC RMT OTHER:
BUSINESS ADDRESS(ES) - STREET, CITY,	POSTAL CODE:
1:	
PHONE NUMBER(S): 1:	2:
EMAIL(S): 1:	2:
EMERGENCY NAME(S): 1:	2:
EMERGENCY PHONE NUMBER(S): 1:	2:
PAYMENT METHOD:	(MAIL TO: Dr. Verna Hunt, 396 Pacific Avenue,
CHEQUE (to Being Well Communications)	Suite 201, Toronto, Ontario, M6P 2R1)
E-TRANSFER (PAYMENT EMAIL:	verna@healthandwellbeing.info)
CREDIT CARD (number, exp. date) 1:	2:
CAN YOU BRING A MASSAGE TABLE? YES	NO

- Space is limited to 15 participants; three people will be working at a massage table. You will be touched and be touching other participants.
- Bring your own lunch. Herbal teas and healthy water provided.
- Wear loose, non-textured clothing that participants can palpate through during workshop segments.
- This is a scent-free seminar. Do NOT wear any perfumes or odour product, i.e. fabric softener, essential oils, body care products that have a smell, etc.
- Bring a pillow and blanket.
- · Parking available.
- REFUND POLICY: 80% of registration will be returned with cancellation up to one week before March 23, 2018. If two people have registered together and only one cancels then the one coming to the seminar will pay the additional \$50.00 plus HST for single registration.