

# Dr. Harnoor Sidhu, ND

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## OBJECTIVES

A self-motivated naturopathic doctor with extensive volunteering experience, I aim to utilize my knowledge and passion for health and well-being to create a meaningful impact in the healthcare field.

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## SKILLS

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| • Botanical Medicine | • Supplementation guidance | • Critical thinking            |
| • Acupuncture        | • Homeopathy               | • Time management              |
| • Physical Medicine  | • Collaboration            | • Traditional Chinese Medicine |
| • Nutrition          | • Professionalism & Ethics | • Patient Education            |
| • Laboratory testing | • Compassion & Empathy     |                                |

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## EDUCATION

<b>Doctor of Naturopathy</b> <i>Canadian College of Naturopathic Medicine (CCNM) – Toronto, ON</i>	<b>2018-2022</b>
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<b>Bachelor of Health Science (Honors); Human Health Specialization</b> <i>University of Ontario Institute of Technology- Oshawa, ON</i>	<b>2014- 2018</b>
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## PROFESSIONAL EXPERIENCE

<b>Naturopathic Doctor and Founder</b> <i>Noor Wellness- Cambridge, Ontario</i>	<b>07/2024- present</b>
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<b>Naturopathic Doctor- Part time</b> <i>RMT Movement- Brampton, Ontario</i>	<b>10/2023- present</b>
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<b>Naturopathic Doctor- Part time</b> <i>Active Life Wellness Center- Brampton, Ontario</i>	<b>08/2023- present</b>
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<b>Electronic Medical Records Student Teaching Assistant</b> <i>Canadian College of Naturopathic Medicine- Toronto, ON</i>	<b>01/2022– 05/2022</b>
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- Educated third-year students at CCNM on effectively utilizing the medical records system.

<b>Teaching Assistant</b> <i>Canadian College of Naturopathic Medicine- Toronto, ON</i>	<b>01/2022 – 04/ 2022</b>
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- Invigilated and graded exams for ETE330- Clinical Nutrition; ensuring academic integrity and providing valuable feedback.

<b>Student Interviewer</b> <i>Canadian College of Naturopathic Medicine- Toronto, ON</i>	<b>06/2021 – 04/ 2022</b>
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- Interviewed prospective students in a panel for the Doctor of Naturopathy program at CCNM; evaluated prospective students, assessing their qualifications and suitability to the program.

<b>Student Intern</b> <i>Canadian College of Naturopathic Medicine- Toronto, ON</i>	<b>05/2021 – 04/ 2022</b>
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- Delivered compassionate and comprehensive naturopathic care to patients under the supervision of licenced naturopathic doctors.

<b>Teaching Assistant</b> <i>University of Ontario Institute of Technology - Oshawa, ON</i>	<b>01/2018 – 04/ 2018</b>
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- Invigilated and graded exams for HLSC 1201- Anatomy & Physiology II; ensuring academic integrity and providing valuable feedback.

<b>Bachelor of Health Sciences Student Representative</b> <i>University of Ontario Institute of Technology- Oshawa, ON</i>	<b>09/2017 – 04/ 2018</b>
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- Served as a liaison between the Health Science Faculty and student body; provided valuable feedback and recommendations to enhance student experience and foster effective communication and collaboration between the two entities.

<b>Student Researcher</b> <i>Ontario Shores Centre of Mental Health Sciences- Whitby, ON</i>	<b>09/2017 – 04/ 2018</b>
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- Researched under Dr. Faisal Islam on the project; *A Formal Evaluation of the Stepped Care Model and ACT Quality Improvement Initiative of Central East Local Health Integrative Network (LHIN).*

<b>Student Volunteer</b> <i>Lakeridge Health Hospital- Oshawa, ON</i>	<b>10/2014 – 04/ 2018</b>
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- Patient- Focused Floater- Assisted in various hospital departments; Oncology, Dialysis, Pre-Surgical, Endoscopy & Emergency.

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## AWARDS

<b>Ontario Volunteer Service Award (2017)</b>
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- Received the award in the youth category to recognize unwavering commitment and dedication as a volunteer at Lakeridge Health.

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## ADDITIONAL INFORMATION

- *Language Skills:* Oral and written skills English, Punjabi (Native), Hindi (Limited professional proficiency)